



KENT ROAD PUBLIC SCHOOL

16th October 2018

SWIMMING PROGRAMME

Years 3 – 6 and 2S

Once again as we head into the warmer months of spring and summer, every Kent Road Public School student has the opportunity to develop their swimming ability and overall water safety. The swimming programme is held during Term Four in partnership with Macquarie University Swimming Centre.

The development of swimming skills is extremely important for all children living in Australia. Apart from developing skills to maintain a healthy lifestyle, it is important that children are able to participate safely in water sports and activities. It is a sad fact that in Australia a number of children die each year in swimming accidents because they do not have the necessary skills to save themselves.

We would like to provide all Kent Road P.S. students the opportunity to develop these vital skills.

The swimming lessons will be held at Macquarie University Sports and Aquatic Centre from **Monday 26th November to Friday 7th December**. All classes and levels will be catered for in ten 40 minute lessons. Children will be assessed and grouped from water confidence and beginners, to stroke correction and squad. Lessons will be provided by AUSTSWIM qualified instructors employed by the aquatic centre. Class teachers will attend and supervise the children in their lessons.

The cost for the ten lessons is \$95.00

This works out to be only \$9.50 per swimming lesson which parents will know is a very reasonable price. Parents are able to pay for these lessons by cash, cheque or credit card. We are happy to make arrangements with individual families if payment cannot be made in full. For families with three or more children the cost will be **\$190**.

The school's Parents & Citizens Association has made the generous commitment to subsidise the transport costs for the ten days. This donation has reduced the cost for individual families, and we are very grateful to the P & C for this.

We encourage parents and guardians to support the school in this activity by allowing your child to take part. Please return the attached permission note and grading form with payment to your child's class teacher by Tuesday 6th November. Payment can be made with cash, cheque or online through the school's website.

Denise Minifie
Principal

Ben Harrison
Assistant Principal

Please return to your child's class teacher by Tuesday 6th November 2018

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I give permission for _____ of class _____ to attend 10 swimming lessons in Weeks 7 & 8 (Monday 26th November to Friday 7th December) of Term 4 2018 at the Macquarie University Sports and Aquatic Centre, under the instruction of the centre's swimming instructors. I understand children will travel to and from the swimming pool by bus accompanied by class teachers.

I have enclosed **cash/cheque**

I have **paid online**. Order number _____

Parent/Guardian

Swimming Ability Grading Form

NAME: (first and last) _____

AGE: _____

SCHOOL CLASS/YEAR: _____

Please answer the following questions by circling either yes or no. If you have any further comments, please use the space provided.

- Has your child been in a pool before? YES/NO
 Is your child confident in water? YES/NO
 Has your child had any experiences in the water that may affect their confidence? If YES, please give details: YES/NO

- Does your child need floats when swimming in deep water? YES/NO
 Does your child need floats when swimming by themselves? YES/NO
 Can your child swim dog paddle unassisted? YES/NO
 Has your child had swimming lessons before? If YES please give details YES/NO

- Has your child had swimming lessons at our centre before? YES/NO
If YES, please give details

PLEASE CIRCLE THE DISTANCE THAT BEST DESCRIBES YOUR CHILD'S ABILITY

- | | | | | |
|---|-------|-----|-----|------|
| <input type="checkbox"/> Can your child swim Freestyle | 12.5m | 25m | 50m | 100m |
| <input type="checkbox"/> Can your child swim backstroke | 12.5m | 25m | 50m | 100m |
| <input type="checkbox"/> Can your child swim breaststroke | 12.5m | 25m | 50m | 100m |
| <input type="checkbox"/> Can your child swim butterfly | 12.5m | 25m | 50m | 100m |

Do you have any further information about your child that would benefit us when grading them into the correct class?

Please return to your child's class teacher by Tuesday 6th November 2018